

3rd ISRA Cadaveric RA Course 2026



Location:

Health Sciences Centre, University College Dublin, Belfield, Dublin 4

Day 1: Monday 27th July

Topic: Perineural Blocks

08:00 – 08:30	Registration	
08:30 – 08:40	Introduction	<i>Dr. Ryan Howle</i>
08:40 – 09:10	Applied anatomy of lower limb blocks	<i>tbc</i>
09:10 – 09:40	Applied anatomy of upper limb blocks	<i>Dr. Peter Merjavy</i>
09:40 – 10:10	Needling Practice	
10:10 – 10:30	<i>Coffee</i>	
10:30 – 11:05	Workshop 1: Interscalene BPB	
11:05 – 11:40	Workshop 2: Supraclavicular BPB & superficial CPB	
11:40 – 12:15	Workshop 3: Infraclavicular BPB & Distal Upper Limb blocks	
12:15 – 12:50	Workshop 4: Axillary BPB	
12:50 – 13:50	<i>Lunch</i>	
13:50 – 14:25	Workshop 5: Femoral blocks – Inguinal, Adductor Canal	
14:25 – 15:00	Workshop 6 (Prone): Sciatic blocks – Popliteal, Subgluteal	
15:00 – 15:15	<i>Coffee</i>	
15:15 – 15:50	Workshop 7: Obturator & Lateral Cutaneous Nerve of Thigh blocks	
15:50 – 16:25	Workshop 8: Ankle block	
16:25 – 16:30	Final Remarks	

Central demonstration supported by prosected specimens followed by supervised practice stations

Day 2: Tuesday 28th July**Topic: Fascial Plane Blocks**

08:00 – 08:30	Registration	
08:30 – 09:00	Applied anatomy of thoracic wall blocks	<i>tbc</i>
09:00 – 09:30	Applied anatomy of abdominal wall blocks	<i>tbc</i>
09:30 – 09:50	Coffee	
09:50 – 10:25	Workshop 1: Pectoserratus & Claviculopectoral blocks	
10:25 – 11:00	Workshop 2 (Prone): Erector Spinae Plane catheters	
11:00 – 11:35	Workshop 3: Serratus Plane & External Oblique Intercostal blocks	
11:35 – 12:10	Workshop 4: Transversus Abdominis Plane & Transversalis Fascial Plane blocks	
12:10 – 13:10	<i>Lunch</i>	
13:10 – 13:45	Workshop 5: Rectus Sheath catheters	
13:45 – 14:20	Workshop 6 (Lateral): Quadratus Lumborum blocks	
14:20 – 14:55	Workshop 7: Supra-inguinal & Infra-inguinal Fascia Iliaca blocks	
14:55 – 15:30	Workshop 8: PENG & Ilioinguinal-Iliohypogastric blocks	
15:30 – 15:50	<i>Coffee</i>	
15:50 – 16:20	Uncovering the hidden layers of perineural anatomy	<i>Dr. Graeme McLeod</i>
16:20 – 16:30	Final remarks	

Rotating stations supported by ideal anatomy demonstrated on tv screens