

Foundation Course 2026



Location:

*Mayo University Hospital Simulation Suite
Friday 9th October 2026*

09:00 – 09:15	Registration
09:15 – 09:20	Welcome & housekeeping
09:20 – 09:45	Introduction to USGRA
09:45 – 10:10	Physics of ultrasound
10:10 – 11:00	Knobology & needling Practice
11:00 – 11:15	<i>Coffee</i>
11:15 – 11:40	Axillary block
11:40 – 12:40	Axillary block scanning
12:40 – 13:10	<i>Lunch</i>
13:10 – 13:35	Popliteal block
13:35 – 14:35	Popliteal block scanning
14:35 – 14:50	<i>Coffee</i>
14:50 – 15:15	Femoral block
15:15 – 16:15	Femoral block scanning
16:25 – 16:30	Final Remarks, Q&A