

Joint ISRA-NIRAS Update Day 2026



Location:

Ballymascanlon Hotel, Dundalk, Co. Louth, Ireland

Date: Friday 9 October

***Accredited for 4 ESRA-DRA Ultrasound Hands-on points**

***Accredited for 6.5 External CPD points by the College of Anaesthesiologist Ireland**

Faculty: Drs Sean Shevlin (Course Organiser -NIRAS), Catherine Poots (Course Organiser -NIRAS) Aneurin Moorthy (Course Organiser-ISRA), Karen Sheehan (Course Organiser-ISRA), Peter Merjavy, Lloyd Turbitt, Su Ng, Ryan Howle, Conor Skerritt, Andrew Smith, Declan Love, Ciara O'Donnell, Claire Rowan, Johnny McCarter, Nick Black & Prof David Hewson.

Session 1:

08:30 – 09:00	Registration and Morning Coffee	
09:00– 09:15	Welcome from ISRA and NIRAS	<i>Dr. Su Ng & Dr. Shevlin</i>
	CHAIR: NIRAS (Drs Shevlin/Poots)	
09:20 – 09:40	Plan A blocks V2.0	<i>Dr. Lloyd Turbitt (Consultant Anaesthetist, Belfast Health and Social Care Trust)</i>
09:45 – 10:05	Out of the Echo-chamber (a surgical view on regional)	<i>Miss Claire Rowan (Consultant Upper Limb Surgeon, Belfast Health and Social Care Trust)</i>
10:10 - 10:30	Compartment Syndrome	<i>Dr Peter Merjavy (Consultant Anaesthetist Southern Health and Social Care Trust)</i>
10:30 - 10:40	Questions and Answers	
10:40 - 11:00	Coffee Break	

Session 2:

	CHAIR: ISRA (Drs Moorthy & Sheehan)	
11:05 – 11:20	Rib Fracture Analgesia	<i>Prof. David Hewson (Consultant Anaesthetist Queen's Medical Centre, Nottingham)</i>
11:25 – 11:40	Nerve Injury	<i>Prof. David Hewson (Consultant Anaesthetist Queen's Medical Centre, Nottingham)</i>
11:45 – 12:00	Chronic Pain post ORIF Wrist and UGRA	<i>Dr. Ciara O'Donnell (Consultant Anaesthetist, Belfast Health and Social Care Trust)</i>
12:05 - 12:20	Rebound Pain	<i>Dr Andrew Smith (Consultant Anaesthetist Fellow Tallaght University Hospital, Dublin)</i>
12:20 - 12:30	Questions and Answers	
12:30 – 13:45	Hot Lunch	

Session 3:

13:45 – 16:45 (30 mins per station x 6)	<u>Ultrasound Hands-on Stations: (All Faculty)</u> Spinal USS: Midline and Paraspinous approach Rib Fractures: ESP and SAPB blocks Abdominal Wall: Rectus Sheath, TAP, ilioinguinal and iliohypogastric nerve Upper Limb: Infraclavicular & Axillary Brachial Plexus blocks Lower Limb: Popliteal-Sciatic & Supra inguinal Fascia iliaca block Ask the Scanner: Free Scan	
16:45 – 17:00	Closing Remarks	<i>Dr. Su Ng & Dr. Shevlin</i>